



\$20,000

IN CASH AND PRIZES TO WIN

NZ'S PREMIERE SWIMMING EVENT

11 & 12th May 2019 / LEVEL 1,2 & 3

10 LANES

50M POOL

SIR OWEN G GLENN NATIONAL AQUATIC CENTRE, MAIRANGI BAY

SESSION ONE Saturday 11th May 2019

WARM-UP 7.45 – 8:15AM - RACING STARTS 8.30AM

Male Events	Event No.	Female Events
50m Butterfly	1/2	50m Butterfly
50m Backstroke	3/4	50m Backstroke
50m Breaststroke	5/6	50m Breaststroke
50m Freestyle	7/8	50m Freestyle
200m Breaststroke – 11 years & Over	9/10	200m Breaststroke - 11 years & Over

SESSION TWO Saturday 11th May 2019

WARM-UP 2PM – 2.20PM - RACING STARTS 2:30PM

Male Events	Event No.	Female Events
12 & Under SKINS	201/301	12 & Under SKINS
200m Individual Medley – 10 years & Over	11/12	200m Individual Medley – 10 years & Over
100m Butterfly – 10 years & Over	13/14	100m Butterfly – 10 years & Over

SESSION THREE Saturday 11th May 2019

WARM-UP 6PM – 6.20PM - RACING STARTS 6:30PM

Male Events	Event No.	Female Events
16yrs -18yrs SKINS	601/701	16yrs-18yrs SKINS
100m Backstroke	15/16	100m Backstroke
200m Butterfly – 13 years & Over	17/18	200m Butterfly – 13 years & Over

SESSION FOUR Sunday 12th May 2019

WARM-UP 8:00 – 8:45AM - RACING STARTS 9:00AM

Male Events	Event No.	Female Events
13-15yrs SKINS	401/501	13-15yrs SKINS
200m Freestyle – 10 years & Over	19/20	200m Freestyle – 10 years & Over
100m Breaststroke	21/22	100m Breaststroke

SESSION FIVE Sunday 12th May 2019

WARM-UP 1PM - RACING STARTS 1:30PM

Male Events	Event No.	Female Events
19yrs & Over SKINS	801/901	19yrs & Over SKINS
200m Backstroke – 11 years & Over	23/24	200m Backstroke – 11 years & Over
100m Freestyle	25/26	100m Freestyle

SKINS INFORMATION

PROUDLY SPONSORED BY GOLDEN HOMES

Male 12yrs & Under – 1st \$200; 2nd \$100; 3rd \$50; 4th \$20; 5-10th \$10 each

Female 12yrs & Under – 1st \$200; 2nd \$100; 3rd \$50; 4th \$20; 5-10th \$10 each

Male 13yrs – 15yrs – 1st \$300; 2nd \$200; 3rd \$100; 4th \$50; 5-10th \$20 each

Female 13yrs - 15yrs – 1st \$300; 2nd \$200; 3rd \$100; 4th \$50; 5-10th \$20 each

Male 16yrs – 18yrs – 1st \$1000; 2nd \$300; 3rd \$150; 4th \$100; 5-10th \$30 each

Female 16yrs – 18yrs – 1st \$1000; 2nd \$300; 3rd \$150; 4th \$100; 5-10th \$30 each

Male 19yrs & Over – 1st \$1500; 2nd \$500; 3rd \$250, 4th \$150; 5-10th \$50 each

Female 19yrs & Over – 1st \$1500; 2nd \$500; 3rd \$250, 4th \$150; 5-10th \$50 each

Skins Event: There will be 4 skins events – 12 & Under, 13-15yrs, 16-18yrs and 19yrs & Over. Each age band, Male and Female skins will be swum consecutively on a total of 3 minutes send off, with the slowest swimmer being eliminated after each swim. **In the event of a dead heat (2 or more swimmers) for the last place position, these swimmers will all be eliminated, there will not be a swim-off.** The Skins events will be selected from the combined 4 x 50m results. Skins finalists will be determined by the combined points of all 4 x 50m event results using the standard Hytek points. In the case of equal 10th place points, the athlete with the lowest Hytek points on any 50m event will be the first alternate.

All scratchings for Skins events need to be with the Meet Manager 30 minutes after the 50m results are posted. Skins is based on x4 50m timed finals for all age groups. A penalty fee of \$50 will be charged for late or non-withdrawals.

THE SMALL PRINT & MEDAL INFO

Entry Restrictions – ALL AGE GROUPS

Due to the large number of entries received in the past years we have imposed restrictions on all age groups (includes para athletes) in the attempt to keep the meet more manageable and still maintain a fun and competitive environment. Please note – **ALL ENTRIES** will be checked. If a swimmer enters more than the maximum amount as listed below, they will be removed from the excess entries. Clubs will be contacted and asked to confirm which races the swimmer is to be removed from.

- ❖ **9 years and Under** – Choose a maximum of 5 events from the events available – 50 Free, 50 Back, 50 Fly, 50 Breast, 100 Free, 100 Back and 100 Breast
- ❖ **10 years** – Choose a maximum of 7 events from the events available - 50 Free, 50 Back, 50 Fly, 50 Breast, 100 Free, 100 Back, 100 Breast, 100 Fly, 200 Free and 200IM
- ❖ **11 & 12 years** – Choose a maximum of 8 events from all events available except 200 Fly
- ❖ **13 years and Over** – Choose a maximum of 9 events from all events available.

Age Group Overall Medal Winners – Male & Female

- ❖ **8yrs & Under; 9yrs & 10yrs** – Overall medals for 1st ; 2nd and 3rd
- ❖ **11yrs; 12yrs; 13yrs, 14yrs; 15yrs, 16yrs**– Overall medals for 1st ; 2nd and 3rd
- ❖ **17yrs & Over** – Overall medals for 1st ; 2nd and 3rd

Medal Presentations – Overall medal winners will be presented at the end of Session 5 – Sunday 12th May, if time permits – otherwise medals will be sent to respective clubs.

Prize Money per event

8yrs & under - 1st \$10; 2nd \$7 and 3rd \$3
9yrs & 10yrs 1st \$10; 2nd \$7 and 3rd \$3
11yrs - 1st \$15; 2nd \$10 and 3rd \$5
12yrs - 1st \$15; 2nd \$10 and 3rd \$5
13yrs - 1st \$15; 2nd \$10 and 3rd \$5
14yrs – 1st 20; 2nd \$15 and 3rd \$10
15yrs - 1st 20; 2nd \$15 and 3rd \$10
16yrs - 1st 20; 2nd \$15 and 3rd \$10
17yrs & Over – 1st 30; 2nd \$20 and 3rd \$15

Top Club Award: To the value of \$1000.00. (Host club not eligible). This will be awarded at the conclusion of the meet along with the Trophy.

Entry Fees: \$9.50 per event. Age is as at 11th May 2019. Late entries \$15.00 only if spare lane available.

Entries Close: 27th April 2019 11:59pm. If entries exceed our pool booking times some events may be restricted and all clubs will be advised of any changes by Wednesday 1st May.

Entry method: Entries are to be done through the SNZ database MyPage along with payment at the time of entering. Any late entries please email toni@nss.org.nz . All times to be converted to Long Course Times.

Events: All events are time finals. with results declared for male and female in the following age groups: 8yrs & Under; 9yrs; 10yrs; 11yrs; 12yrs; 13yrs; 14yrs; 15yrs, 16yrs, 17yrs and Over. Please refer to Entry restrictions for all age groups.

Entry requirements for Skins event: Refer to Skins information sheet detailing criteria.

Para Athlete Events: Athletes who hold a Para Classification are eligible to participate in this programme and will be seeded amongst able - bodied athletes on the basis of entry times. It is the responsibility of the athlete with a disability (or their Team Manager) to inform the Referee before they swim of their IPC Classification and to supply the Referee with their IPC Classification Card. The Referee will use their best efforts to judge the swim under the applicable IPC Rules.

Meet Conditions:

- Scratching refunds given on evidence of medical certificate no later than 48 hours from **END OF MEET**
- No time trials allowed.
- All athletes must adhere to entry restrictions relating to their age group – swimmers will be removed from extra events if exceeding their maximum number of entries by contacting the Clubs.
- Reseeding or combining of heats will be at the discretion of the Referee.
- All participants must agree to comply with the Sports Anti-Doping Rules.
- The results will be posted as soon as possible after the conclusion of an event.
- Over the top starts and the FINA One Start rule will apply.
- Scratching from Skins events must be made 30 minutes after 50m results are posted.
- All heats will be seeded as slowest to fastest, with the fastest 10 swimmers from each age group seeded together.
- Each club must supply 1 official per 4 swimmers, per session, to a maximum of 4 unless requested before the meet to provide more.
- Protest fee - \$100 payable upon submission of correctly completed protest form within 30 minutes of completion of race.

THIS WILL BE A SELF MARSHALLING EVENT

Meet Entries: Toni Bayliffe 477 2047

Meet Controller: Tonya Osborne 477 2039

