

# NSS LEVEL 3

## Sir Owen G. Glenn National Aquatic Centre

17 Antares Place, Mairangi Bay 25m Pool x 10 Lanes

Sunday 21st March, 2021

## WARM UP 11AM - RACING STARTS 11:40AM

Event No.		Event No.	
1	200 Backstroke	8	100 IM
2	100 Breaststroke	9	25 Butterfly
3	25 Backstroke	10	50 Backstroke
4	50 Breaststroke	11	200 Freestyle
5	100 Freestyle	12	50 Butterfly
6	25 Breaststroke	13	100 Backstroke
7	50 Freestyle	14	25 Freestyle

### CONDITIONS

Entry Fee: \$5.50 per event. Entries Close: 15th March 2021 11:59pm.

**Entry Method:** Entries are to be done through the SNZ database Fastlane Page along with payment at the time of entering.

<u>Officials:</u> Each club must supply 1 official per 4 swimmers to a MAX of 4, unless requested before the meet to provide more. Names to be supplied by 18th March.

Spectator Entry: \$2. Program: \$2

MEET TO BE SWUM UNDER SNZ RULES - LOCAL RULES WILL APPLY ◆ Ribbons will be awarded to everyone who does a PB! ◆ All times submitted must be converted to short course times for the length swum ◆ Age as at day of meet ◆ All timed finals, graded scratch, results declared on times ◆ ASA will endeavour to have the correct number of officials for a Level 3 meet ◆ Swimmers with L1 or L2 qualifying times are unable to enter ◆ All participants must agree to comply with the Sports Anti-Doping Rules ◆ This is a one start meet ◆ No refund on scratching, unless a medical certificate is sighted no later than 48 hours from the end of the meet

#### PLEASE NOTE THAT THE ASA TECH SUIT RESTRICTION POLICY APPLIES TO ALL 12/U SWIMMERS.

- 1. This policy applies to all 12/U ASA swimmers and visitors competing at ALL ASA Meets with the exception of ASA Age Groups and ASA Opens.
- 2. Swimmers who are unsure if their suit complies are encouraged to take it to the Technical Director for clearance BEFORE the start of the meet / session.
- 3. Team Managers/ coaches are encouraged to check that their swimmers suits comply BEFORE the start of the meet/session.





