

## NORTH SHORE SWIMMING

### RECORDS Long Course Records

#### LC Meters-Female

|       |      |        |          |                  |           |                                                               |
|-------|------|--------|----------|------------------|-----------|---------------------------------------------------------------|
| 7 & U | 50   | Free   | 40.39    | <b>22-Nov-08</b> | NSSAK     | Bernadette G. Doyle at 2008 Junior Age Championships          |
|       | 100  | Free   | 1:35.92  | <b>10-Jun-17</b> | NSSAK     | Kelly M. Bowman at 2017 Golden Homes Swimfest 10th June       |
|       | 200  | Free   | 8:00.00  | <b>1-Jan-01</b>  |           | Standard                                                      |
|       | 400  | Free   | 16:00.00 | <b>1-Jan-01</b>  |           | Standard                                                      |
|       | 800  | Free   | 30:00.00 | <b>1-Jan-01</b>  |           | Standard                                                      |
|       | 1500 | Free   | 50:00.00 | <b>1-Jan-01</b>  |           | Standard                                                      |
|       | 50   | Back   | 47.22    | <b>26-Oct-08</b> | NSSAK     | Bernadette G. Doyle at WAQ 50's 2008                          |
|       | 100  | Back   | 1:46.57  | <b>11-May-19</b> | NSSAK     | Sophia Z. Kivileva at 2019 Golden Homes Swimfest 11th May     |
|       | 200  | Back   | 8:00.00  | <b>1-Jan-01</b>  |           | Standard                                                      |
|       | 50   | Breast | 1:00.78  | <b>26-Oct-08</b> | NSSAK     | Bernadette G. Doyle at WAQ 50's 2008                          |
|       | 100  | Breast | 2:17.42  | <b>10-Jun-17</b> | NSSAK     | Kelly M. Bowman at 2017 Golden Homes Swimfest 10th June       |
|       | 200  | Breast | 4:48.25  | <b>10-Jun-17</b> | NSSAK     | Kelly M. Bowman at 2017 Golden Homes Swimfest 10th June       |
|       | 50   | Fly    | 50.67    | <b>10-Jun-17</b> | NSSAK     | Kelly M. Bowman at 2017 Golden Homes Swimfest 10th June       |
|       | 100  | Fly    | 4:00.00  | <b>1-Jan-01</b>  |           | Standard                                                      |
|       | 200  | Fly    | 8:00.00  | <b>1-Jan-01</b>  |           | Standard                                                      |
|       | 200  | IM     | 8:00.00  | <b>1-Jan-01</b>  |           | Standard                                                      |
|       | 400  | IM     | 16:00.00 | <b>1-Jan-01</b>  |           | Standard                                                      |
| 8-8   | 50   | Free   | 36.50    | <b>21-Nov-09</b> | NSSAK     | Bernadette G. Doyle at 2009 Junior Age Championships          |
|       | 100  | Free   | 1:19.69  | <b>21-Nov-09</b> | NSSAK     | Bernadette G. Doyle at 2009 Junior Age Championships          |
|       | 200  | Free   | 3:01.45  | <b>11-Oct-09</b> | NSSAK     | Bernadette G. Doyle at Level 2 October 2009                   |
|       | 400  | Free   | 6:16.39  | <b>9-Aug-09</b>  | NSSAK     | Bernadette G. Doyle at LME L2 9th Aug 2009                    |
|       | 800  | Free   | 20:00.00 | <b>1-Jan-01</b>  |           | Standard                                                      |
|       | 1500 | Free   | 40:00.00 | <b>1-Jan-01</b>  |           | Standard                                                      |
|       | 50   | Back   | 40.96    | <b>21-Nov-09</b> | NSSAK     | Bernadette G. Doyle at 2009 Junior Age Championships          |
|       | 100  | Back   | 1:29.02  | <b>21-Nov-09</b> | NSSAK     | Bernadette G. Doyle at 2009 Junior Age Championships          |
|       | 200  | Back   | 3:07.51  | <b>12-Sep-09</b> | NSSAK     | Bernadette G. Doyle at WAQ Level 2 September 2009             |
|       | 50   | Breast | 49.93    | <b>21-Nov-09</b> | NSSAK     | Bernadette G. Doyle at 2009 Junior Age Championships          |
|       | 100  | Breast | 1:45.55  | <b>19-Aug-07</b> | NSSAK     | Katerina Kovalenko at WAQ Level 2 August                      |
|       | 200  | Breast | 3:48.77  | <b>12-Jul-07</b> | NSSAK     | Katerina Kovalenko at Hamilton Winter Meet                    |
|       | 50   | Fly    | 41.29    | <b>21-Nov-09</b> | NSSAK     | Bernadette G. Doyle at 2009 Junior Age Championships          |
|       | 100  | Fly    | 1:38.63  | <b>21-Nov-09</b> | NSSAK     | Bernadette G. Doyle at 2009 Junior Age Championships          |
|       | 200  | Fly    | 6:00.00  | <b>1-Jan-01</b>  |           | Standard                                                      |
|       | 200  | IM     | 3:15.95  | <b>21-Nov-09</b> | NSSAK     | Bernadette G. Doyle at 2009 Junior Age Championships          |
|       | 400  | IM     | 7:46.84  | <b>19-Sep-09</b> | NSSAK     | Bernadette G. Doyle at Waterhole 400s                         |
| 9-9   | 50   | Free   | 33.10    | <b>14-Dec-02</b> | NSSAK- AK | Jessica AH KOY at AUCKLAND SWIMMING CHAMPS 12/U               |
|       | 100  | Free   | 1:16.16  | <b>26-Nov-10</b> | NSSAK     | Bernadette G. Doyle at 2010 Auckland Junior Invitational Meet |
|       | 200  | Free   | 2:52.16  | <b>9-Jul-10</b>  | NSSAK     | Bernadette G. Doyle at Hamilton Winter Meet 2010              |
|       | 400  | Free   | 5:54.36  | <b>3-Nov-12</b>  | NSSAK     | Astaria T. TeAukura at WATERHOLE 400S NOVEMBER 2012           |
|       | 800  | Free   | 13:01.84 | <b>30-Jan-10</b> | NSSAK     | Bernadette G. Doyle at WAQ Last Chance Meet 2010              |
|       | 1500 | Free   | 40:00.00 | <b>1-Jan-01</b>  |           | Standard                                                      |
|       | 50   | Back   | 38.58    | <b>22-Mar-03</b> | NSSAK- AK | Courtney STEEL at Waikato 50m Sprints & Relay Championships   |
|       | 100  | Back   | 1:22.95  | <b>26-Nov-10</b> | NSSAK     | Bernadette G. Doyle at 2010 Auckland Junior Invitational Meet |
|       | 200  | Back   | 2:57.31  | <b>26-Nov-10</b> | NSSAK     | Bernadette G. Doyle at 2010 Auckland Junior Invitational Meet |
|       | 50   | Breast | 47.16    | <b>17-Feb-07</b> | NSSAK- AK | Charlotte L. O'Hara at 2007 NZ Junior Championships           |
|       | 100  | Breast | 1:41.43  | <b>25-Aug-02</b> | NSSAK- AK | Karen McKinnon at West Auckland Aquatics Level 2              |
|       | 200  | Breast | 3:31.64  | <b>25-Aug-02</b> | NSSAK- AK | Karen McKinnon at West Auckland Aquatics Level 2              |
|       | 50   | Fly    | 37.79    | <b>6-Nov-10</b>  | NSSAK     | Bernadette G. Doyle at WAQ 50's Sprint Meet 2010              |
|       | 100  | Fly    | 1:25.46  | <b>26-Nov-10</b> | NSSAK     | Bernadette G. Doyle at 2010 Auckland Junior Invitational Meet |
|       | 200  | Fly    | 3:28.71  | <b>11-Jul-08</b> | NSSAK- AK | Imogen Z. Pangalila at Hamilton Winter Meet 2008              |
|       | 200  | IM     | 3:06.74  | <b>26-Nov-10</b> | NSSAK     | Bernadette G. Doyle at 2010 Auckland Junior Invitational Meet |
|       | 400  | IM     | 6:45.65  | <b>23-Jan-09</b> | NSSAK     | Imogen Z. Pangalila at 2009 CO Age Group Championships        |

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|       |      |        |          |                  |           |                                                                 |
|-------|------|--------|----------|------------------|-----------|-----------------------------------------------------------------|
| 10-10 | 50   | Free   | 31.63    | <b>13-Nov-04</b> | NSSAK     | Holly Thomas at Auckland Junior Championships                   |
|       | 100  | Free   | 1:09.90  | <b>20-Feb-10</b> | NSSAK- AK | Yeonsu Z. Lee at 2010 NZ Junior Championships                   |
|       | 200  | Free   | 2:32.13  | <b>10-Feb-01</b> |           | Jessie Blundell                                                 |
|       | 400  | Free   | 5:23.01  | <b>6-Sep-01</b>  |           | Jessie Blundell                                                 |
|       | 800  | Free   | 11:04.32 | <b>18-Nov-00</b> |           | Jessie Blundell                                                 |
|       | 1500 | Free   | 21:47.10 | <b>24-Jan-09</b> | NSSAK     | Ruth A. Palmer at WAQ Last Chance Meet 2008                     |
|       | 50   | Back   | 36.00    | <b>21-Feb-09</b> | NSSAK- AK | Annika J. Anderson at 2009 NZ Junior Championships              |
|       | 100  | Back   | 1:17.59  | <b>10-Feb-01</b> | NSSAK     | JESSIE L BLUNDELL at NZ Junior Championships 2001               |
|       | 200  | Back   | 2:41.95  | <b>10-Feb-01</b> |           | Jessie Blundell                                                 |
|       | 50   | Breast | 41.09    | <b>16-Feb-08</b> | NSSAK- AK | Charlotte L. O'Hara at 2008 NZ Junior Championships             |
|       | 100  | Breast | 1:29.14  | <b>16-Feb-08</b> | NSSAK- AK | Charlotte L. O'Hara at 2008 NZ Junior Championships             |
|       | 200  | Breast | 3:14.08  | <b>16-Feb-08</b> | NSSAK- AK | Charlotte L. O'Hara at 2008 NZ Junior Championships             |
|       | 50   | Fly    | 34.86    | <b>14-Aug-11</b> | NSSAK     | snz Tarrant at LME L2 Aug 2011                                  |
|       | 100  | Fly    | 1:15.29  | <b>25-Nov-11</b> | NSSAK     | Bernadette G. Doyle at 2011 Auckland Junior Invitational        |
|       | 200  | Fly    | 3:21.85  | <b>24-Jan-09</b> | NSSAK     | Ellie C. Williams at WAQ Last Chance Meet 2008                  |
|       | 200  | IM     | 2:51.38  | <b>25-Nov-11</b> | NSSAK     | Bernadette G. Doyle at 2011 Auckland Junior Invitational        |
|       | 400  | IM     | 6:16.96  | <b>23-May-09</b> | NSSAK     | Ellie C. Williams at LME L123 MAY 2009                          |
| 11-11 | 50   | Free   | 30.50    | <b>4-Sep-04</b>  | NSSAK- AK | Jessica AH KOY at 2004 North Shore Swim Club Level 2            |
|       | 100  | Free   | 1:04.82  | <b>19-Feb-11</b> | NSSAK- AK | Yeonsu Z. Lee at 2011 NZ Junior Championships                   |
|       | 200  | Free   | 2:20.61  | <b>19-Feb-11</b> | NSSAK- AK | Yeonsu Z. Lee at 2011 NZ Junior Championships                   |
|       | 400  | Free   | 5:01.66  | <b>30-Jan-10</b> | NSSAK     | Ruth A. Palmer at WAQ Last Chance Meet 2010                     |
|       | 800  | Free   | 10:06.58 | <b>15-Dec-01</b> | NSSAK     | JESSIE L BLUNDELL at AUCKLAND SWIMMING CHAMPS 12/U              |
|       | 1500 | Free   | 20:08.29 | <b>1-Nov-09</b>  | NSSAK     | Ruth A. Palmer at 2009 Distance & Reverse Distance Champs       |
|       | 50   | Back   | 34.07    | <b>21-Feb-09</b> | NSSAK- AK | Charlotte L. O'Hara at 2009 NZ Junior Championships             |
|       | 100  | Back   | 1:12.69  | <b>19-Jul-08</b> | NSSAK     | Roxanne Z. Adams at Waterhole Level 1                           |
|       | 200  | Back   | 2:36.42  | <b>19-Jul-08</b> | NSSAK     | Roxanne Z. Adams at Waterhole Level 1                           |
|       | 50   | Breast | 36.98    | <b>17-Feb-07</b> | NSSAK- AK | STACEY HUGHES at 2007 NZ Junior Championships                   |
|       | 100  | Breast | 1:21.74  | <b>21-Feb-09</b> | NSSAK- AK | Charlotte L. O'Hara at 2009 NZ Junior Championships             |
|       | 200  | Breast | 2:53.24  | <b>21-Feb-09</b> | NSSAK- AK | Charlotte L. O'Hara at 2009 NZ Junior Championships             |
|       | 50   | Fly    | 32.33 *  | <b>20-Oct-12</b> | NSSAK     | Bernadette G. Doyle at Waterhole Level 1 October 2012           |
|       | 50   | Fly    | 32.33 *  | <b>4-Nov-12</b>  | NSSAK     | Bernadette G. Doyle at WAQ 50's Sprint Meet 2012                |
|       | 100  | Fly    | 1:11.46  | <b>23-Nov-12</b> | NSSAK- AK | Bernadette G. Doyle at 2012 Auckland Junior Invitational        |
|       | 200  | Fly    | 2:42.28  | <b>11-Jul-08</b> | NSSAK- AK | Danielle B. Donaldson at Hamilton Winter Meet 2008              |
|       | 200  | IM     | 2:39.56  | <b>21-Feb-09</b> | NSSAK- AK | Charlotte L. O'Hara at 2009 NZ Junior Championships             |
|       | 400  | IM     | 5:40.73  | <b>15-Dec-01</b> | NSSAK     | JESSIE L BLUNDELL at AUCKLAND SWIMMING CHAMPS 12/U              |
| 12-12 | 50   | Free   | 28.56    | <b>17-Jun-19</b> | NSSAK     | Gabrielle A. Doyle at 2019 Aon NZ Open Championships            |
|       | 100  | Free   | 1:02.59  | <b>18-Feb-12</b> | NSSAK- AK | Yeonsu Z. Lee at State 2012 NZ Junior Championships             |
|       | 200  | Free   | 2:13.69  | <b>21-Feb-09</b> | NSSAK- AK | Roxanne Z. Adams at 2009 NZ Junior Championships                |
|       | 400  | Free   | 4:41.65  | <b>21-Feb-09</b> | NSSAK- AK | Roxanne Z. Adams at 2009 NZ Junior Championships                |
|       | 800  | Free   | 9:49.08  | <b>14-Dec-02</b> | NSSAK- AK | Jessie BLUNDELL at AUCKLAND SWIMMING CHAMPS 12/U                |
|       | 1500 | Free   | 19:06.71 | <b>3-Dec-10</b>  | NSSAK     | Ruth A. Palmer at 2010 Auckland Distance and Relay Championship |
|       | 50   | Back   | 32.17    | <b>17-Jun-19</b> | NSSAK     | Gabrielle A. Doyle at 2019 Aon NZ Open Championships            |
|       | 100  | Back   | 1:08.71  | <b>5-Jul-03</b>  | NSSAK- AK | Jessie BLUNDELL at Thueringen State Championships               |
|       | 200  | Back   | 2:25.68  | <b>2-Mar-03</b>  | NSSAK     | Jessie BLUNDELL at National Age Group Championship 2003         |
|       | 50   | Breast | 35.18    | <b>21-Nov-09</b> | NSSAK     | Charlotte L. O'Hara at 2009 Junior Age Championships            |
|       | 100  | Breast | 1:17.39  | <b>5-Mar-02</b>  | NSSAK     | Rachel K AH Koy at New Zealand Age Groups                       |
|       | 200  | Breast | 2:44.69  | <b>5-Mar-02</b>  | NSSAK     | Rachel K AH Koy at New Zealand Age Groups                       |
|       | 50   | Fly    | 31.38    | <b>13-Nov-11</b> | NSSAK     | Yeonsu Z. Lee at WAQ 50's Sprint Meet 2011                      |
|       | 100  | Fly    | 1:08.88  | <b>10-Feb-01</b> |           | Emma Hotchin                                                    |
|       | 200  | Fly    | 2:29.06  | <b>10-Feb-01</b> |           | Emma Hotchin                                                    |
|       | 200  | IM     | 2:30.72  | <b>18-Feb-12</b> | NSSAK- AK | Yeonsu Z. Lee at State 2012 NZ Junior Championships             |
|       | 400  | IM     | 5:21.44  | <b>18-Feb-12</b> | NSSAK- AK | Yeonsu Z. Lee at State 2012 NZ Junior Championships             |
| 13-13 | 50   | Free   | 27.79    | <b>17-Apr-18</b> | NSSAK     | Zoe D. Crawford at 2018 NZ Age Group Championships              |

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|       |      |        |          |                  |           |                                                                    |
|-------|------|--------|----------|------------------|-----------|--------------------------------------------------------------------|
| 13-13 | 100  | Free   | 59.76    | <b>16-Apr-19</b> | NSSAK     | Summer D. Osborne at 2019 NZ Age Group Championships               |
|       | 200  | Free   | 2:08.92  | <b>26-Feb-13</b> | NSSAK- AK | Yeonsu Z. Lee at Mayfair Pools 2013 NZ Age Group Championships     |
|       | 400  | Free   | 4:30.41  | <b>26-Feb-13</b> | NSSAK- AK | Yeonsu Z. Lee at Mayfair Pools 2013 NZ Age Group Championships     |
|       | 800  | Free   | 9:17.38  | <b>11-Aug-01</b> | NSSAK     | Brooke Jackson at Parnell Breville L1                              |
|       | 1500 | Free   | 18:39.25 | <b>11-Nov-12</b> | NSSAK     | Ella G. Cripps at Level 1                                          |
|       | 50   | Back   | 31.77    | <b>6-Mar-12</b>  | NSSAK- AK | Annika J. Anderson at Mayfair Pools 2012 New Zealand Age Group Cha |
|       | 100  | Back   | 1:07.84  | <b>2-Mar-04</b>  | NSSAK- AK | Jessie BLUNDELL at National Age Group Championship 2004            |
|       | 200  | Back   | 2:23.54  | <b>1-Sep-01</b>  | NSSAK- AK | Brooke Jackson at Auckland Winter Championships                    |
|       | 50   | Breast | 33.76    | <b>2-Mar-03</b>  | NSSAK     | Rachel AH KOY at National Age Group Championship 2003              |
|       | 100  | Breast | 1:15.49  | <b>9-Jan-03</b>  | NSS- AK   | Rachel AH KOY at Auckland Age Group Championships                  |
|       | 200  | Breast | 2:40.23  | <b>1-Dec-06</b>  | NSSAK     | Chloe E. Francis at 2006 Auckland Age Group Championships          |
|       | 50   | Fly    | 29.47    | <b>26-Feb-13</b> | NSSAK- AK | Yeonsu Z. Lee at Mayfair Pools 2013 NZ Age Group Championships     |
|       | 100  | Fly    | 1:04.11  | <b>26-Feb-13</b> | NSSAK- AK | Yeonsu Z. Lee at Mayfair Pools 2013 NZ Age Group Championships     |
|       | 200  | Fly    | 2:23.82  | <b>7-Dec-12</b>  | NSSAK     | Yeonsu Z. Lee at 2012 Auckland Age Groups Invitational             |
|       | 200  | IM     | 2:25.10  | <b>26-Feb-13</b> | NSSAK- AK | Yeonsu Z. Lee at Mayfair Pools 2013 NZ Age Group Championships     |
|       | 400  | IM     | 5:06.23  | <b>26-Feb-13</b> | NSSAK- AK | Yeonsu Z. Lee at Mayfair Pools 2013 NZ Age Group Championships     |
| 14-14 | 50   | Free   | 27.51    | <b>16-Apr-19</b> | NSSAK     | Zoe D. Crawford at 2019 NZ Age Group Championships                 |
|       | 100  | Free   | 58.89    | <b>4-Apr-97</b>  |           | Monique Robins                                                     |
|       | 200  | Free   | 2:06.15  | <b>10-Apr-00</b> |           | Natalie Bernard                                                    |
|       | 400  | Free   | 4:25.14  | <b>14-Mar-00</b> |           | Natalie Bernard                                                    |
|       | 800  | Free   | 9:18.48  | <b>14-Mar-00</b> |           | Melissa Ingram                                                     |
|       | 1500 | Free   | 18:21.96 | <b>4-Sep-10</b>  | NSSAK     | Monique Z. King at WAQ Level 1 September 2010                      |
|       | 50   | Back   | 30.92    | <b>16-Apr-19</b> | NSSAK     | Zoe D. Crawford at 2019 NZ Age Group Championships                 |
|       | 100  | Back   | 1:06.08  | <b>10-Apr-00</b> |           | Melissa Ingram                                                     |
|       | 200  | Back   | 2:20.75  | <b>10-Apr-00</b> |           | Melissa Ingram                                                     |
|       | 50   | Breast | 33.20    | <b>17-Jun-19</b> | NSSAK     | Melissa L. Cowen at 2019 Aon NZ Open Championships                 |
|       | 100  | Breast | 1:11.28  | <b>17-Jun-19</b> | NSSAK     | Melissa L. Cowen at 2019 Aon NZ Open Championships                 |
|       | 200  | Breast | 2:34.54  | <b>17-Jun-19</b> | NSSAK     | Melissa L. Cowen at 2019 Aon NZ Open Championships                 |
|       | 50   | Fly    | 29.23    | <b>14-Mar-00</b> |           | Natalie Bernard                                                    |
|       | 100  | Fly    | 1:04.15  | <b>16-Feb-14</b> | NSSAK- AK | Yeonsu Z. Lee at Roskill Level 1 + 2 Feb 16th 2014                 |
|       | 200  | Fly    | 2:20.55  | <b>30-Mar-00</b> | NSSAK     | NATALIE Z BERNARD at NZ OPEN CHAMPS 2000                           |
|       | 200  | IM     | 2:24.35  | <b>23-Apr-02</b> | NSSAK- AK | Brooke JACKSON at 2002 NZ Opens                                    |
|       | 400  | IM     | 5:04.83  | <b>23-Apr-02</b> | NSSAK- AK | Brooke JACKSON at 2002 NZ Opens                                    |
| 15-15 | 50   | Free   | 26.64    | <b>27-Jul-12</b> | NSSAK     | Naomi G. Smit at 2012 Auckland Distance and Relay Championship     |
|       | 100  | Free   | 57.06    | <b>2-Jul-18</b>  | NSSAK     | Amadika Z. Atkinson at 2018 NZ Open Championships                  |
|       | 200  | Free   | 2:02.77  | <b>2-Jul-18</b>  | NSSAK     | Amadika Z. Atkinson at 2018 NZ Open Championships                  |
|       | 400  | Free   | 4:21.62  | <b>8-Jan-09</b>  | NSSAK     | Chloe E. Francis at 2009 Junior Pan Pacific Championships          |
|       | 800  | Free   | 8:56.89  | <b>3-Mar-09</b>  | NSSAK- AK | Chloe E. Francis at 2009 New Zealand Age Group Championships       |
|       | 1500 | Free   | 17:28.82 | <b>21-Oct-00</b> |           | Melissa Ingram                                                     |
|       | 50   | Back   | 30.39    | <b>7-Jul-06</b>  | NSSAK- AK | Jessie BLUNDELL at 2006 NZ Youth and Open Championship             |
|       | 100  | Back   | 1:04.68  | <b>1-May-99</b>  | NSSAK     | Monique Robins at CL II Meet 1                                     |
|       | 200  | Back   | 2:16.25  | <b>19-Apr-01</b> |           | Melissa Ingram                                                     |
|       | 50   | Breast | 33.52    | <b>3-Mar-09</b>  | NSSAK- AK | Chloe E. Francis at 2009 New Zealand Age Group Championships       |
|       | 100  | Breast | 1:11.93  | <b>19-Dec-08</b> | NSSAK     | Chloe E. Francis at 2008 Auckland Age Group Championships          |
|       | 200  | Breast | 2:36.99  | <b>8-Jan-09</b>  | NSSAK     | Chloe E. Francis at 2009 Junior Pan Pacific Championships          |
|       | 50   | Fly    | 28.50    | <b>2-Jul-18</b>  | NSSAK     | Amadika Z. Atkinson at 2018 NZ Open Championships                  |
|       | 100  | Fly    | 1:02.50  | <b>12-Mar-15</b> | NSSAK     | Yeonsu Z. Lee at 2015 Auckland Open Championships                  |
|       | 200  | Fly    | 2:15.13  | <b>8-Feb-15</b>  | NSSAK     | Yeonsu Z. Lee at 2015 Zonal Championships                          |
|       | 200  | IM     | 2:19.58  | <b>3-Mar-09</b>  | NSSAK- AK | Chloe E. Francis at 2009 New Zealand Age Group Championships       |
|       | 400  | IM     | 4:56.59  | <b>3-Mar-09</b>  | NSSAK- AK | Chloe E. Francis at 2009 New Zealand Age Group Championships       |
| 16-16 | 50   | Free   | 26.09    | <b>10-Apr-00</b> |           | Monique Robins                                                     |
|       | 100  | Free   | 56.72    | <b>30-Mar-00</b> |           | Monique Robins                                                     |
|       | 200  | Free   | 2:01.26  | <b>2-Mar-10</b>  | NSSAK- AK | Chloe E. Francis at Mayfair Pools 2010 New Zealand Age Group Cha   |

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|       |      |        |          |                  |           |                                                                     |
|-------|------|--------|----------|------------------|-----------|---------------------------------------------------------------------|
| 16-16 | 400  | Free   | 4:14.45  | <b>2-Mar-10</b>  | NSSAK- AK | Chloe E. Francis at Mayfair Pools 2010 New Zealand Age Group Cha    |
|       | 800  | Free   | 8:43.25  | <b>9-Apr-12</b>  | NSSAK     | Tabitha A. Baumann at 2012 Australian Age Championships             |
|       | 1500 | Free   | 17:18.00 | <b>23-Apr-02</b> | NSSAK- AK | Melissa INGRAM at 2002 NZ Opens                                     |
|       | 50   | Back   | 29.91    | <b>6-Mar-12</b>  | NSSAK- AK | Tirol G. Palmer at Mayfair Pools 2012 New Zealand Age Group Cha     |
|       | 100  | Back   | 1:03.72  | <b>10-Apr-00</b> | NSSAK     | MONIQUE R ROBINS at AUSTRALIAN AGE                                  |
|       | 200  | Back   | 2:14.32  | <b>1-Sep-01</b>  | NSSAK- AK | Melissa INGRAM at Auckland Winter Championships                     |
|       | 50   | Breast | 33.61    | <b>19-Sep-92</b> |           | Gorgena Hall                                                        |
|       | 100  | Breast | 1:12.21  | <b>2-Mar-10</b>  | NSSAK- AK | Chloe E. Francis at Mayfair Pools 2010 New Zealand Age Group Cha    |
|       | 200  | Breast | 2:36.18  | <b>19-Sep-92</b> |           | Gorgena Hall                                                        |
|       | 50   | Fly    | 27.94    | <b>30-Mar-00</b> |           | Monique Robins                                                      |
|       | 100  | Fly    | 1:02.44  | <b>13-Feb-16</b> | AQKNT     | Yeonsu Z. Lee at 2016 Zonal Championships                           |
|       | 200  | Fly    | 2:17.26  | <b>14-Apr-15</b> | NSSAK- AK | Yeonsu Z. Lee at 2015 NZ Open Championships                         |
|       | 200  | IM     | 2:16.99  | <b>2-Mar-10</b>  | NSSAK- AK | Chloe E. Francis at Mayfair Pools 2010 New Zealand Age Group Cha    |
|       | 400  | IM     | 4:58.49  | <b>27-Jul-78</b> |           | Monique Rodalh                                                      |
| 17-17 | 50   | Free   | 26.39    | <b>11-Jan-01</b> |           | Monique Robins                                                      |
|       | 100  | Free   | 57.25    | <b>11-Jan-01</b> |           | Monique Robins                                                      |
|       | 200  | Free   | 2:01.73  | <b>7-Dec-12</b>  | NSSAK     | Tabitha A. Baumann at 2012 Auckland Age Groups Invitational         |
|       | 400  | Free   | 4:12.99  | <b>7-Dec-12</b>  | NSSAK     | Tabitha A. Baumann at 2012 Auckland Age Groups Invitational         |
|       | 800  | Free   | 8:45.28  | <b>26-Feb-13</b> | NSSAK- AK | Tabitha A. Baumann at Mayfair Pools 2013 NZ Age Group Championships |
|       | 1500 | Free   | 16:46.83 | <b>17-Mar-13</b> | NSSAK- AK | Tabitha A. Baumann at State 2013 NZ Open Championships              |
|       | 50   | Back   | 29.61    | <b>12-May-00</b> |           | Monique Robins                                                      |
|       | 100  | Back   | 1:03.22  | <b>19-Jul-02</b> | NSS- AK   | Melissa INGRAM at Comenwealth Games                                 |
|       | 200  | Back   | 2:14.30  | <b>19-Jul-02</b> | NSSAK- AK | Melissa INGRAM at Comenwealth Games                                 |
|       | 50   | Breast | 34.31    | <b>3-Apr-07</b>  | NSSAK- AK | Rachel AH KOY at 2007 NZ Youth and Open Championships               |
|       | 100  | Breast | 1:12.50  | <b>3-Apr-11</b>  | NSSAK- AK | Chloe E. Francis at State Insurance 2011 NZ Open Championships      |
|       | 200  | Breast | 2:36.70  | <b>3-Apr-11</b>  | NSSAK- AK | Chloe E. Francis at State Insurance 2011 NZ Open Championships      |
|       | 50   | Fly    | 28.03    | <b>21-Mar-17</b> | NSSAK- AK | Yeonsu Z. Lee at 2017 NZ Age Group Championships                    |
|       | 100  | Fly    | 1:01.05  | <b>21-Mar-17</b> | NSSAK- AK | Yeonsu Z. Lee at 2017 NZ Age Group Championships                    |
|       | 200  | Fly    | 2:14.39  | <b>21-Mar-17</b> | NSSAK- AK | Yeonsu Z. Lee at 2017 NZ Age Group Championships                    |
|       | 200  | IM     | 2:18.03  | <b>3-Apr-11</b>  | NSSAK- AK | Chloe E. Francis at State Insurance 2011 NZ Open Championships      |
|       | 400  | IM     | 4:58.07  | <b>26-Feb-13</b> | NSSAK- AK | Tabitha A. Baumann at Mayfair Pools 2013 NZ Age Group Championships |
| 18-18 | 50   | Free   | 25.70    | <b>25-Mar-08</b> | NSSAK- AK | Hayley Z. Palmer at Absolute Insurance 2008 Olympic Trials          |
|       | 100  | Free   | 55.30    | <b>25-Mar-08</b> | NSSAK- AK | Hayley Z. Palmer at Absolute Insurance 2008 Olympic Trials          |
|       | 200  | Free   | 2:01.42  | <b>25-Mar-08</b> | NSSAK- AK | Hayley Z. Palmer at Absolute Insurance 2008 Olympic Trials          |
|       | 400  | Free   | 4:21.77  | <b>25-Mar-12</b> | NSSAK- AK | Nicole M. Jopson at State Insurance 2012 NZ Open Championships      |
|       | 800  | Free   | 8:57.20  | <b>8-Apr-14</b>  | NSSAK- AK | Monique Z. King at State 2014 NZ Open Championships                 |
|       | 1500 | Free   | 16:58.62 | <b>8-Apr-14</b>  | NSSAK- AK | Monique Z. King at State 2014 NZ Open Championships                 |
|       | 50   | Back   | 28.88    | <b>17-Jun-19</b> | NSSAK     | Gina M. Galloway at 2019 Aon NZ Open Championships                  |
|       | 100  | Back   | 1:01.47  | <b>17-Jun-19</b> | NSSAK     | Gina M. Galloway at 2019 Aon NZ Open Championships                  |
|       | 200  | Back   | 2:12.65  | <b>4-Jul-08</b>  | NZL       | Penelope M. Marshall at 2008 Telstra Grand Prix 2                   |
|       | 50   | Breast | 33.43    | <b>5-Jan-99</b>  |           | Jolie Workman                                                       |
|       | 100  | Breast | 1:11.88  | <b>22-Aug-99</b> |           | Jolie Workman                                                       |
|       | 200  | Breast | 2:35.36  | <b>23-Feb-12</b> | NSSAK     | Chloe E. Francis at 2012 Auckland Open Championships                |
|       | 50   | Fly    | 27.71    | <b>3-Apr-17</b>  | NSSAK- AK | Yeonsu Z. Lee at 2017 NZ Open Championships                         |
|       | 100  | Fly    | 1:01.24  | <b>3-Apr-17</b>  | NSSAK- AK | Yeonsu Z. Lee at 2017 NZ Open Championships                         |
|       | 200  | Fly    | 2:17.58  | <b>7-Dec-17</b>  | NSSAK     | Yeonsu Z. Lee at 2017 ASA Age Group Championships                   |
|       | 200  | IM     | 2:17.72  | <b>10-Feb-12</b> | NSSAK- AK | Chloe E. Francis at 2012 NSW State Open Championships Without MC    |
|       | 400  | IM     | 4:56.53  | <b>17-Jun-19</b> | NSSAK     | Mya R. Rasmussen at 2019 Aon NZ Open Championships                  |
| Open  | 50   | Free   | 25.01    | <b>5-Oct-10</b>  | NSSAK     | Hayley Z. Palmer at Commonwealth Games                              |
|       | 100  | Free   | 53.91    | <b>30-Jul-09</b> | NSSAK     | Hayley Z. Palmer at 13th FINA World Championships - Rome            |
|       | 200  | Free   | 1:57.72  | <b>24-Jul-11</b> | NSSAK- AK | Lauren M. Boyle at 14th FINA World Championships                    |
|       | 400  | Free   | 4:03.63  | <b>28-Jul-12</b> | NZL       | Lauren M. Boyle at 2012 London Olympics                             |
|       | 800  | Free   | 8:18.58  | <b>20-Jul-13</b> | NZL       | Lauren M. Boyle at 2013 FINA World Championships                    |

## NORTH SHORE SWIMMING

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### RECORDS Long Course Records

|      |      |        |          |                  |           |                                                          |
|------|------|--------|----------|------------------|-----------|----------------------------------------------------------|
| Open | 1500 | Free   | 15:44.71 | <b>20-Jul-13</b> | NZL       | Lauren M. Boyle at 2013 FINA World Championships         |
|      | 50   | Back   | 28.39    | <b>5-Apr-10</b>  | NSSAK- AK | Emily G. Thomas at 2010 NZ Open Championships            |
|      | 100  | Back   | 1:00.22  | <b>12-Dec-09</b> | SEN       | Emily G. Thomas at 2009 Zoggs QLD Swimming Championships |
|      | 200  | Back   | 2:09.13  | <b>12-Dec-09</b> | SEN       | Melissa INGRAM at 2009 Zoggs QLD Swimming Championships  |
|      | 50   | Breast | 33.36    | <b>30-Mar-00</b> |           | Jolie Workman (13/2/81)                                  |
|      | 100  | Breast | 1:11.88  | <b>22-Aug-99</b> |           | Jolie Workman (13/2/81)                                  |
|      | 200  | Breast | 2:34.40  | <b>22-Jun-10</b> | NSSAK     | Grace E. Francis at Oceania Championship                 |
|      | 50   | Fly    | 26.64    | <b>8-Apr-14</b>  | NSSAK- AK | Laura G. Quilter at State 2014 NZ Open Championships     |
|      | 100  | Fly    | 59.83    | <b>21-Jun-16</b> | NZL       | Helena D. Gasson at 11th Oceania Swimming Championships  |
|      | 200  | Fly    | 2:10.98  | <b>4-Mar-16</b>  | NZL       | Helena D. Gasson at 2016 NSW State Open Championships    |
|      | 200  | IM     | 2:14.00  | <b>25-Mar-08</b> | NSSAK- AK | Helen Norfolk at Absolute Insurance 2008 Olympic Trials  |
|      | 400  | IM     | 4:39.07  | <b>25-Mar-08</b> | NSSAK- AK | Helen Norfolk at Absolute Insurance 2008 Olympic Trials  |

## NORTH SHORE SWIMMING

### RECORDS Long Course Records

#### LC Meters-Male

|       |      |        |          |                  |           |                                                              |
|-------|------|--------|----------|------------------|-----------|--------------------------------------------------------------|
| 7 & U | 50   | Free   | 40.84    | <b>31-Jul-10</b> | NSSAK     | Sungju Z. Kim at WAQ July Level 2 2010                       |
|       | 100  | Free   | 1:28.84  | <b>22-Jan-10</b> | NSSAK     | Sungju Z. Kim at 2010 CO Age Group Championships             |
|       | 200  | Free   | 3:31.58  | <b>23-Jan-09</b> | NSSAK     | Kieran Z. Pangalila at 2009 CO Age Group Championships       |
|       | 400  | Free   | 6:36.99  | <b>31-Jul-10</b> | NSSAK     | Sungju Z. Kim at WAQ July Level 2 2010                       |
|       | 800  | Free   | 30:00.00 | <b>1-Jan-01</b>  |           | Standard                                                     |
|       | 1500 | Free   | 50:00.00 | <b>1-Jan-01</b>  |           | Standard                                                     |
|       | 50   | Back   | 49.38    | <b>22-Jan-10</b> | NSSAK     | Sungju Z. Kim at 2010 CO Age Group Championships             |
|       | 100  | Back   | 1:36.50  | <b>22-Jan-10</b> | NSSAK     | Sungju Z. Kim at 2010 CO Age Group Championships             |
|       | 200  | Back   | 3:16.81  | <b>31-Jul-10</b> | NSSAK     | Sungju Z. Kim at WAQ July Level 2 2010                       |
|       | 50   | Breast | 57.42    | <b>22-Jan-10</b> | NSSAK     | Sungju Z. Kim at 2010 CO Age Group Championships             |
|       | 100  | Breast | 2:13.32  | <b>23-Jan-09</b> | NSSAK     | Kieran Z. Pangalila at 2009 CO Age Group Championships       |
|       | 200  | Breast | 4:34.22  | <b>23-Jan-09</b> | NSSAK     | Kieran Z. Pangalila at 2009 CO Age Group Championships       |
|       | 50   | Fly    | 53.36    | <b>22-Jan-16</b> | NSSAK     | Harira Z. Won at 2016 Anthony Mosse Classic                  |
|       | 100  | Fly    | 4:00.00  | <b>1-Jan-01</b>  |           | Standard                                                     |
|       | 200  | Fly    | 8:00.00  | <b>1-Jan-01</b>  |           | Standard                                                     |
|       | 200  | IM     | 3:31.53  | <b>31-Jul-10</b> | NSSAK     | Sungju Z. Kim at WAQ July Level 2 2010                       |
|       | 400  | IM     | 16:00.00 | <b>1-Jan-01</b>  |           | Standard                                                     |
| 8-8   | 50   | Free   | 37.65    | <b>27-Jan-11</b> | NSSAK     | Sungju Z. Kim at Anthony Mosse Classic 2011                  |
|       | 100  | Free   | 1:23.15  | <b>27-Jan-11</b> | NSSAK     | Sungju Z. Kim at Anthony Mosse Classic 2011                  |
|       | 200  | Free   | 3:07.99  | <b>27-Jan-11</b> | NSSAK     | Ky A. Codd at Anthony Mosse Classic 2011                     |
|       | 400  | Free   | 6:11.65  | <b>31-Oct-10</b> | NSSAK     | Sungju Z. Kim at Waterhole 400's                             |
|       | 800  | Free   | 20:00.00 | <b>1-Jan-01</b>  |           | Standard                                                     |
|       | 1500 | Free   | 40:00.00 | <b>1-Jan-01</b>  |           | Standard                                                     |
|       | 50   | Back   | 40.75    | <b>27-Jan-11</b> | NSSAK     | Sungju Z. Kim at Anthony Mosse Classic 2011                  |
|       | 100  | Back   | 1:26.04  | <b>19-Feb-11</b> | NSSAK- AK | Sungju Z. Kim at 2011 NZ Junior Championships                |
|       | 200  | Back   | 3:01.90  | <b>27-Jan-11</b> | NSSAK     | Sungju Z. Kim at Anthony Mosse Classic 2011                  |
|       | 50   | Breast | 49.13    | <b>21-Nov-09</b> | NSSAK     | Bailey H. Wang at 2009 Junior Age Championships              |
|       | 100  | Breast | 1:43.63  | <b>27-Jan-11</b> | NSSAK     | Sungju Z. Kim at Anthony Mosse Classic 2011                  |
|       | 200  | Breast | 3:47.88  | <b>30-Jan-10</b> | NSSAK     | Bailey H. Wang at WAQ Last Chance Meet 2010                  |
|       | 50   | Fly    | 40.42    | <b>27-Jan-11</b> | NSSAK     | Ky A. Codd at Anthony Mosse Classic 2011                     |
|       | 100  | Fly    | 1:38.87  | <b>10-Jun-17</b> | NSSAK     | Harira Z. Won at 2017 Golden Homes Swimfest 10th June        |
|       | 200  | Fly    | 6:00.00  | <b>1-Jan-01</b>  |           | Standard                                                     |
|       | 200  | IM     | 3:12.23  | <b>27-Jan-11</b> | NSSAK     | Sungju Z. Kim at Anthony Mosse Classic 2011                  |
|       | 400  | IM     | 10:00.00 | <b>1-Jan-01</b>  |           | Standard                                                     |
| 9-9   | 50   | Free   | 32.88    | <b>28-Jun-13</b> | NSSAK     | Andy Z. Cheong at 2013 ASA Reverse Distance and Relay Champs |
|       | 100  | Free   | 1:14.62  | <b>9-Feb-02</b>  | NSSAK- AK | CRAIG W HUSTLER at NZ Junior Nationals 2002                  |
|       | 200  | Free   | 2:41.11  | <b>25-Nov-11</b> | NSSAK     | Sungju Z. Kim at 2011 Auckland Junior Invitational           |
|       | 400  | Free   | 5:36.12  | <b>25-Jan-02</b> | NSSAK     | CRAIG W HUSTLER at 2002 COUNTIES MANUKAU CHAMPION            |
|       | 800  | Free   | 12:55.29 | <b>24-Jan-09</b> | NSSAK     | Joshua M. Brown at WAQ Last Chance Meet 2008                 |
|       | 1500 | Free   | 24:51.56 | <b>24-Jan-09</b> | NSSAK     | Joshua M. Brown at WAQ Last Chance Meet 2008                 |
|       | 50   | Back   | 38.99    | <b>13-Nov-11</b> | NSSAK     | Sungju Z. Kim at WAQ 50's Sprint Meet 2011                   |
|       | 100  | Back   | 1:19.85  | <b>15-Sep-13</b> | NSSAK     | Andy Z. Cheong at 2013 Onehunga Level 1                      |
|       | 200  | Back   | 2:52.24  | <b>18-Feb-12</b> | NSSAK- AK | Sungju Z. Kim at State 2012 NZ Junior Championships          |
|       | 50   | Breast | 42.01    | <b>24-Jan-03</b> | NSSAK     | Jaeyoon Lee at 2003 Manukau Champs                           |
|       | 100  | Breast | 1:31.82  | <b>17-Sep-88</b> |           | Lee Burrow                                                   |
|       | 200  | Breast | 3:19.02  | <b>28-Oct-17</b> | NSSAK     | Joseph J. Shin at October level 1 and 2 combined             |
|       | 50   | Fly    | 33.74    | <b>15-Sep-13</b> | NSSAK     | Andy Z. Cheong at 2013 Onehunga Level 1                      |
|       | 100  | Fly    | 1:20.83  | <b>15-Sep-13</b> | NSSAK     | Andy Z. Cheong at 2013 Onehunga Level 1                      |
|       | 200  | Fly    | 3:41.44  | <b>24-Jan-09</b> | NSSAK     | Joshua M. Brown at WAQ Last Chance Meet 2008                 |
|       | 200  | IM     | 2:55.06  | <b>25-Nov-11</b> | NSSAK     | Sungju Z. Kim at 2011 Auckland Junior Invitational           |
|       | 400  | IM     | 7:04.92  | <b>5-Apr-09</b>  | NSSAK     | Joshua M. Brown at WAQ Level 2 April 2009                    |

## NORTH SHORE SWIMMING

### RECORDS Long Course Records

|       |      |        |          |                  |           |                                                                |
|-------|------|--------|----------|------------------|-----------|----------------------------------------------------------------|
| 10-10 | 50   | Free   | 31.63    | <b>8-Feb-02</b>  | NSSAK- AK | Matthew Williams at NZ Junior Championships 2003               |
|       | 100  | Free   | 1:09.80  | <b>8-Feb-03</b>  | NSSAK     | Craig HUSTLER at NZ Junior Championships 2003                  |
|       | 200  | Free   | 2:29.37  | <b>23-Nov-12</b> | NSSAK- AK | Sungju Z. Kim at 2012 Auckland Junior Invitational             |
|       | 400  | Free   | 5:18.50  | <b>3-Nov-12</b>  | NSSAK     | Sungju Z. Kim at WATERHOLE 400S NOVEMBER 2012                  |
|       | 800  | Free   | 11:10.43 | <b>30-Oct-99</b> | NSSAK     | NICHOLAS J ROLFE at ONEHUNGA LEVEL 1/2                         |
|       | 1500 | Free   | 20:56.85 | <b>17-Jul-99</b> | NSSAK     | Nicholas Rolfe                                                 |
|       | 50   | Back   | 35.91    | <b>22-Nov-13</b> | NSSAK     | Andy Z. Cheong at 2013 ASA Junior Champs/Invitational Auckland |
|       | 100  | Back   | 1:16.00  | <b>21-Sep-14</b> | NSSAK- AK | Andy Z. Cheong at 2014 United Level 1                          |
|       | 200  | Back   | 2:41.02  | <b>21-Sep-14</b> | NSSAK- AK | Andy Z. Cheong at 2014 United Level 1                          |
|       | 50   | Breast | 39.70    | <b>13-Dec-03</b> | NSSAK- AK | Jaeyoon Y. Lee at 2004-AK Junior-Age-Championships             |
|       | 100  | Breast | 1:27.48  | <b>23-Nov-12</b> | NSSAK- AK | Sungju Z. Kim at 2012 Auckland Junior Invitational             |
|       | 200  | Breast | 3:02.10  | <b>16-Feb-13</b> | NSSAK- AK | Sungju Z. Kim at State 2013 NZ Junior Championships            |
|       | 50   | Fly    | 34.20    | <b>14-Feb-14</b> | NSSAK- AK | Andy Z. Cheong at State 2014 NZ Junior Championships           |
|       | 100  | Fly    | 1:18.64  | <b>22-Jul-99</b> |           | Nickolas Rolfe                                                 |
|       | 200  | Fly    | 3:09.87  | <b>14-Nov-10</b> | NSSAK     | Leo J. Chow at 2010 Onehunga Level 2                           |
|       | 200  | IM     | 2:45.10  | <b>16-Feb-13</b> | NSSAK- AK | Sungju Z. Kim at State 2013 NZ Junior Championships            |
|       | 400  | IM     | 6:05.66  | <b>4-Nov-18</b>  | NSSAK     | Joseph J. Shin at Whl 400 plus and 50 meet                     |
| 11-11 | 50   | Free   | 28.97    | <b>7-Dec-18</b>  | NSSAK     | Matthew X. Zheng at 2018 ASA Junior Championships              |
|       | 100  | Free   | 1:01.09  | <b>4-Apr-83</b>  |           | Nickolas Sanders                                               |
|       | 200  | Free   | 2:16.09  | <b>12-Jan-90</b> |           | Lee Burrow                                                     |
|       | 400  | Free   | 4:48.42  | <b>12-Jan-90</b> |           | Lee Burrow                                                     |
|       | 800  | Free   | 9:23.70  | <b>30-Nov-02</b> | NSS- AK   | Eric ABBA at Waterhole 400 + Meet                              |
|       | 1500 | Free   | 19:42.54 | <b>21-Oct-00</b> |           | Nickolas Rolfe                                                 |
|       | 50   | Back   | 32.62    | <b>7-Dec-18</b>  | NSSAK     | Matthew X. Zheng at 2018 ASA Junior Championships              |
|       | 100  | Back   | 1:09.58  | <b>23-Jul-83</b> |           | Nickolas Sanders                                               |
|       | 200  | Back   | 2:35.62  | <b>20-Feb-15</b> | NSSAK- AK | Andy Z. Cheong at 2015 NZ Junior Championships                 |
|       | 50   | Breast | 36.18    | <b>10-Jun-17</b> | NSSAK     | Daniel X. Zheng at 2017 Golden Homes Swimfest 10th June        |
|       | 100  | Breast | 1:20.88  | <b>24-Jan-13</b> | NSSAK     | Bailey H. Wang at 2013 Anthony Mosse Classic                   |
|       | 200  | Breast | 2:52.36  | <b>14-Feb-14</b> | NSSAK- AK | Sungju Z. Kim at State 2014 NZ Junior Championships            |
|       | 50   | Fly    | 31.44    | <b>10-Jun-17</b> | NSSAK     | Daniel X. Zheng at 2017 Golden Homes Swimfest 10th June        |
|       | 100  | Fly    | 1:12.73  | <b>20-Feb-15</b> | NSSAK- AK | Andy Z. Cheong at 2015 NZ Junior Championships                 |
|       | 200  | Fly    | 2:41.99  | <b>15-Apr-04</b> | NSSAK- AK | Sam Robinson at 2004 Division II Comp                          |
|       | 200  | IM     | 2:34.65  | <b>7-Nov-83</b>  |           | Nickolas Sanders                                               |
|       | 400  | IM     | 5:41.74  | <b>25-Jun-89</b> |           | Lee Burrow                                                     |
| 12-12 | 50   | Free   | 27.57    | <b>24-Nov-17</b> | NSSAK     | Daniel X. Zheng at 2017 ASA Junior Championships               |
|       | 100  | Free   | 1:00.28  | <b>10-Feb-01</b> |           | Luke Pervan                                                    |
|       | 200  | Free   | 2:10.20  | <b>3-Mar-91</b>  |           | Lee Burrow                                                     |
|       | 400  | Free   | 4:31.79  | <b>3-Mar-91</b>  |           | Lee Burrow                                                     |
|       | 800  | Free   | 9:36.16  | <b>25-May-02</b> | NSSAK- AK | Krishna TORVI at Waterhole 400 50+ Meet                        |
|       | 1500 | Free   | 17:53.17 | <b>4-Apr-98</b>  |           | Peter Mullins                                                  |
|       | 50   | Back   | 30.78    | <b>10-Jul-15</b> | NSSAK     | Ra'eez M. Warley at Hamilton Winter Meet 2015                  |
|       | 100  | Back   | 1:05.20  | <b>10-Jul-15</b> | NSSAK     | Ra'eez M. Warley at Hamilton Winter Meet 2015                  |
|       | 200  | Back   | 2:21.71  | <b>10-Jul-15</b> | NSSAK     | Ra'eez M. Warley at Hamilton Winter Meet 2015                  |
|       | 50   | Breast | 34.20    | <b>3-Mar-94</b>  |           | Brad Herring                                                   |
|       | 100  | Breast | 1:14.21  | <b>3-Mar-94</b>  |           | Brad Herring                                                   |
|       | 200  | Breast | 2:43.30  | <b>3-Mar-94</b>  |           | Brad Herring                                                   |
|       | 50   | Fly    | 30.36    | <b>28-Mar-15</b> | NSSAK     | Ra'eez M. Warley at 2015 Junior Northern Zone                  |
|       | 100  | Fly    | 1:06.14  | <b>11-Jan-94</b> |           | Lee Burrow                                                     |
|       | 200  | Fly    | 2:27.38  | <b>23-May-09</b> | NSSAK     | Jacob T. Garrod at LME L123 MAY 2009                           |
|       | 200  | IM     | 2:25.51  | <b>3-Mar-91</b>  |           | Lee Burrow                                                     |
|       | 400  | IM     | 5:14.14  | <b>3-Mar-98</b>  |           | Peter Mullins                                                  |
| 13-13 | 50   | Free   | 25.67    | <b>16-Apr-19</b> | NSSAK     | Daniel X. Zheng at 2019 NZ Age Group Championships             |
|       | 100  | Free   | 55.14    | <b>3-Mar-86</b>  |           | John Steel                                                     |

## NORTH SHORE SWIMMING

### RECORDS Long Course Records

|       |      |        |          |                  |           |                                                                 |
|-------|------|--------|----------|------------------|-----------|-----------------------------------------------------------------|
| 13-13 | 200  | Free   | 2:05.33  | <b>9-Dec-16</b>  | NSSAK     | Samuel E. Poching at 2016 ASA Age Group Champs                  |
|       | 400  | Free   | 4:20.14  | <b>3-Mar-86</b>  |           | John Steel                                                      |
|       | 800  | Free   | 9:21.18  | <b>1-May-99</b>  |           | Peter Mullins at CL II Meet 1                                   |
|       | 1500 | Free   | 16:47.69 | <b>17-Jan-99</b> |           | Peter Mullins                                                   |
|       | 50   | Back   | 29.53    | <b>18-Apr-16</b> | NSSAK- AK | Ra'eez M. Warley at 2016 NZ Age Group Championships             |
|       | 100  | Back   | 1:01.87  | <b>3-Mar-16</b>  | NSSAK     | Ra'eez M. Warley at 2016 ASA Opens                              |
|       | 200  | Back   | 2:14.49  | <b>18-Apr-16</b> | NSSAK- AK | Ra'eez M. Warley at 2016 NZ Age Group Championships             |
|       | 50   | Breast | 32.41    | <b>16-Apr-19</b> | NSSAK     | Daniel X. Zheng at 2019 NZ Age Group Championships              |
|       | 100  | Breast | 1:09.80  | <b>18-Apr-16</b> | NSSAK- AK | Sungju J. Kim at 2016 NZ Age Group Championships                |
|       | 200  | Breast | 2:31.18  | <b>18-Apr-16</b> | NSSAK- AK | Sungju J. Kim at 2016 NZ Age Group Championships                |
|       | 50   | Fly    | 26.83    | <b>18-Aug-12</b> | NSSAK     | Koene Z. Smit at 2012 Onehunga Level 1                          |
|       | 100  | Fly    | 1:01.21  | <b>4-Apr-86</b>  |           | John Steel                                                      |
|       | 200  | Fly    | 2:21.58  | <b>2-Mar-10</b>  | NSSAK- AK | Jacob T. Garrod at Mayfair Pools 2010 New Zealand Age Group Cha |
|       | 200  | IM     | 2:17.61  | <b>3-Mar-85</b>  |           | Nickolas Sanders                                                |
|       | 400  | IM     | 4:55.92  | <b>18-Apr-16</b> | NSSAK- AK | Hunter J. Garrod at 2016 NZ Age Group Championships             |
| 14-14 | 50   | Free   | 24.99    | <b>1-May-99</b>  |           | Mark Herring at CL II Meet 1                                    |
|       | 100  | Free   | 53.12    | <b>11-Jan-87</b> |           | John Steel                                                      |
|       | 200  | Free   | 1:57.60  | <b>11-Jan-87</b> |           | John Steel                                                      |
|       | 400  | Free   | 4:12.94  | <b>29-Apr-14</b> | NSSAK- AK | Flynn S. Jones at Mayfair Pools 2014 NZ Age Group Championships |
|       | 800  | Free   | 9:15.51  | <b>28-Oct-06</b> | NSSAK     | Sam ROBINSON at 2006 Distance & Reverse Distance Champs         |
|       | 1500 | Free   | 16:37.28 | <b>6-Jan-00</b>  |           | Peter Mullins                                                   |
|       | 50   | Back   | 28.16    | <b>2-Jul-18</b>  | NSSAK     | Cameron J. Gray at 2018 NZ Open Championships                   |
|       | 100  | Back   | 59.95    | <b>7-Dec-17</b>  | NSSAK     | Samuel E. Poching at 2017 ASA Age Group Championships           |
|       | 200  | Back   | 2:09.75  | <b>2-Jul-18</b>  | NSSAK     | Cameron J. Gray at 2018 NZ Open Championships                   |
|       | 50   | Breast | 30.66    | <b>18-Apr-16</b> | NSSAK- AK | Matthew G. Holder at 2016 NZ Age Group Championships            |
|       | 100  | Breast | 1:07.99  | <b>18-Apr-16</b> | NSSAK- AK | Matthew G. Holder at 2016 NZ Age Group Championships            |
|       | 200  | Breast | 2:29.73  | <b>5-Mar-02</b>  | NSS- AK   | Glenn SNYDERS at New Zealand Age Groups                         |
|       | 50   | Fly    | 26.23    | <b>4-Apr-87</b>  |           | John Steel                                                      |
|       | 100  | Fly    | 1:00.91  | <b>4-Apr-93</b>  |           | Lee Burrow                                                      |
|       | 200  | Fly    | 2:13.95  | <b>17-Apr-18</b> | NSSAK     | Andy Z. Cheong at 2018 NZ Age Group Championships               |
|       | 200  | IM     | 2:12.15  | <b>4-Apr-93</b>  |           | Lee Burrow                                                      |
|       | 400  | IM     | 4:45.75  | <b>4-Apr-93</b>  |           | Lee Burrow                                                      |
| 15-15 | 50   | Free   | 23.08    | <b>2-Jul-18</b>  | NSSAK     | Michael J. Pickett at 2018 NZ Open Championships                |
|       | 100  | Free   | 50.61    | <b>2-Jul-18</b>  | NSSAK     | Michael J. Pickett at 2018 NZ Open Championships                |
|       | 200  | Free   | 1:52.19  | <b>15-Apr-93</b> |           | John Steel                                                      |
|       | 400  | Free   | 4:09.81  | <b>25-Mar-08</b> | NSSAK- AK | Sam ROBINSON at Absolute Insurance 2008 Olympic Trials          |
|       | 800  | Free   | 8:40.33  | <b>25-Mar-08</b> |           | Sam ROBINSON at Absolute Insurance 2008 Olympic Trials          |
|       | 1500 | Free   | 16:18.02 | <b>25-Mar-08</b> | NSSAK- AK | Sam ROBINSON at Absolute Insurance 2008 Olympic Trials          |
|       | 50   | Back   | 26.57    | <b>17-Jun-19</b> | NSSAK     | Cameron J. Gray at 2019 Aon NZ Open Championships               |
|       | 100  | Back   | 57.12    | <b>17-Jun-19</b> | NSSAK     | Cameron J. Gray at 2019 Aon NZ Open Championships               |
|       | 200  | Back   | 2:05.33  | <b>17-Jun-19</b> | NSSAK     | Cameron J. Gray at 2019 Aon NZ Open Championships               |
|       | 50   | Breast | 30.44    | <b>17-Jan-03</b> | NSSAK     | Glenn SNYDERS at 13-19/O Age & Open Championships               |
|       | 100  | Breast | 1:05.77  | <b>17-Jan-03</b> | NSS- AK   | Glenn SNYDERS at 2003 13-19/O AGE & OPEN CHAMPS                 |
|       | 200  | Breast | 2:22.14  | <b>14-Jan-03</b> | NSSAK     | Glenn SNYDERS at 13-19/O Age & Open Championships               |
|       | 50   | Fly    | 25.09    | <b>17-Jun-19</b> | NSSAK     | Cameron J. Gray at 2019 Aon NZ Open Championships               |
|       | 100  | Fly    | 58.80    | <b>22-May-19</b> | NSSAK     | Cameron J. Gray at 2019 ASA Open Championships                  |
|       | 200  | Fly    | 2:07.48  | <b>6-Apr-88</b>  |           | John Munro                                                      |
|       | 200  | IM     | 2:09.97  | <b>9-Apr-08</b>  | L1        | Mitchell M. Donaldson at 2008 Australian Age Championships      |
|       | 400  | IM     | 4:34.76  | <b>4-Feb-88</b>  |           | John Munro                                                      |
| 16-16 | 50   | Free   | 22.34    | <b>17-Jun-19</b> | NSSAK     | Michael J. Pickett at 2019 Aon NZ Open Championships            |
|       | 100  | Free   | 50.39    | <b>16-Apr-19</b> | NSSAK     | Michael J. Pickett at 2019 NZ Age Group Championships           |
|       | 200  | Free   | 1:51.81  | <b>1-Aug-89</b>  |           | John Steel                                                      |
|       | 400  | Free   | 4:00.66  | <b>13-Apr-09</b> | NZL       | Mitchell M. Donaldson at 2009 Australian Age Championships      |



## NORTH SHORE SWIMMING

### RECORDS Long Course Records

|       |            |          |                  |           |                                                                     |
|-------|------------|----------|------------------|-----------|---------------------------------------------------------------------|
| 16-16 | 800 Free   | 8:31.60  | <b>1-Apr-09</b>  | NSSAK- AK | Sam ROBINSON at 2009 NZ Open Championships                          |
|       | 1500 Free  | 15:53.58 | <b>25-Mar-12</b> | NSSAK- AK | Mathew Z. Myers at State Insurance 2012 NZ Open Championships       |
|       | 50 Back    | 26.83    | <b>9-Sep-16</b>  | AGHS- CB  | Finn A. Kennard-Campbell at 2016 NZ Secondary Schools Championships |
|       | 100 Back   | 57.18    | <b>18-Apr-16</b> | NSSAK- AK | Finn A. Kennard-Campbell at 2016 NZ Age Group Championships         |
|       | 200 Back   | 2:03.71  | <b>4-Apr-78</b>  |           | Gary Hurring                                                        |
|       | 50 Breast  | 29.83    | <b>31-Mar-04</b> | NSSAK- AK | Glenn SNYDERS at NZ Open Championships 2004                         |
|       | 100 Breast | 1:05.00  | <b>26-Feb-13</b> | NSSAK- AK | Jacob T. Garrod at Mayfair Pools 2013 NZ Age Group Championships    |
|       | 200 Breast | 2:19.87  | <b>26-Feb-13</b> | NSSAK- AK | Jacob T. Garrod at Mayfair Pools 2013 NZ Age Group Championships    |
|       | 50 Fly     | 24.21    | <b>2-Mar-03</b>  | NSSAK     | Corney Swanepoel at National Age Group Championship 2003            |
|       | 100 Fly    | 53.49    | <b>2-Mar-03</b>  | NSSAK     | Corney Swanepoel at National Age Group Championship 2003            |
|       | 200 Fly    | 2:03.25  | <b>29-Apr-14</b> | NSSAK- AK | Wilrich L. Coetzee at Mayfair Pools 2014 NZ Age Group Championships |
|       | 200 IM     | 2:04.59  | <b>8-Jan-09</b>  | NSSAK     | Mitchell M. Donaldson at 2009 Junior Pan Pacific Championships      |
|       | 400 IM     | 4:25.87  | <b>8-Jan-09</b>  | NSSAK     | Mitchell M. Donaldson at 2009 Junior Pan Pacific Championships      |
|       |            |          |                  |           |                                                                     |
| 17-17 | 50 Free    | 22.46    | <b>20-Aug-19</b> | NSSAK     | Michael J. Pickett at FINA World Junior Championships 2019          |
|       | 100 Free   | 50.47    | <b>20-Aug-19</b> | NSSAK     | Michael J. Pickett at FINA World Junior Championships 2019          |
|       | 200 Free   | 1:54.67  | <b>3-Apr-17</b>  | NSSAK- AK | Callum J. Prime at 2017 NZ Open Championships                       |
|       | 400 Free   | 4:02.13  | <b>5-Apr-10</b>  | NSSAK- AK | Sam ROBINSON at 2010 NZ Open Championships                          |
|       | 800 Free   | 8:22.42  | <b>5-Apr-10</b>  | NSSAK- AK | Sam ROBINSON at 2010 NZ Open Championships                          |
|       | 1500 Free  | 15:47.25 | <b>26-Feb-13</b> | NSSAK- AK | Mathew Z. Myers at Mayfair Pools 2013 NZ Age Group Championships    |
|       | 50 Back    | 26.14    | <b>3-Apr-17</b>  | NSSAK- AK | Finn A. Kennard-Campbell at 2017 NZ Open Championships              |
|       | 100 Back   | 55.95    | <b>21-Mar-17</b> | NSSAK- AK | Finn A. Kennard-Campbell at 2017 NZ Age Group Championships         |
|       | 200 Back   | 2:04.40  | <b>3-Apr-17</b>  | NSSAK- AK | Finn A. Kennard-Campbell at 2017 NZ Open Championships              |
|       | 50 Breast  | 29.02    | <b>21-Aug-04</b> | NSSAK     | Glenn SNYDERS at NZ International Trials 2004                       |
|       | 100 Breast | 1:03.38  | <b>21-Aug-04</b> | NSSAK     | Glenn SNYDERS at NZ International Trials 2004                       |
|       | 200 Breast | 2:17.02  | <b>29-Apr-14</b> | NSSAK- AK | Jacob T. Garrod at Mayfair Pools 2014 NZ Age Group Championships    |
|       | 50 Fly     | 23.99    | <b>2-Mar-04</b>  | NSSAK- AK | Corney Swanepoel at National Age Group Championship 2004            |
|       | 100 Fly    | 52.50    | <b>31-Mar-04</b> | NSSAK- AK | Corney Swanepoel at NZ Open Championships 2004                      |
|       | 200 Fly    | 2:02.50  | <b>5-May-15</b>  | NSSAK- AK | Wilrich L. Coetzee at 2015 NZ Age Group Championships               |
|       | 200 IM     | 2:05.09  | <b>14-Apr-15</b> | NSSAK- AK | Wilrich L. Coetzee at 2015 NZ Open Championships                    |
|       | 400 IM     | 4:25.49  | <b>8-Jan-90</b>  |           | John Munro                                                          |
|       |            |          |                  |           |                                                                     |
| 18-18 | 50 Free    | 23.32    | <b>9-Aug-80</b>  |           | Nickolas Sanders                                                    |
|       | 100 Free   | 50.57    | <b>1-Jan-91</b>  |           | John Steel                                                          |
|       | 200 Free   | 1:51.65  | <b>16-Mar-91</b> |           | John Steel                                                          |
|       | 400 Free   | 4:01.05  | <b>5-Apr-10</b>  | NSSAK- AK | Matthew D. Stanley at 2010 NZ Open Championships                    |
|       | 800 Free   | 8:30.58  | <b>31-Mar-04</b> | NSSAK- AK | Michael JACK at NZ Open Championships 2004                          |
|       | 1500 Free  | 15:58.22 | <b>8-Apr-14</b>  | NSSAK- AK | Mathew Z. Myers at State 2014 NZ Open Championships                 |
|       | 50 Back    | 25.24    | <b>1-Apr-09</b>  | WAQAK     | Daniel R. Bell at 2009 NZ Open Championships                        |
|       | 100 Back   | 54.77    | <b>1-Apr-09</b>  | WAQAK     | Daniel R. Bell at 2009 NZ Open Championships                        |
|       | 200 Back   | 2:01.44  | <b>22-Aug-99</b> |           | Scott Talbot-Cameron at Pan Pac 99                                  |
|       | 50 Breast  | 29.19    | <b>24-Jul-05</b> | NSSAK     | Glenn Snyders at World Champs 05                                    |
|       | 100 Breast | 1:03.39  | <b>5-May-15</b>  | NSSAK- AK | Jacob T. Garrod at 2015 NZ Age Group Championships                  |
|       | 200 Breast | 2:17.22  | <b>5-May-15</b>  | NSSAK- AK | Jacob T. Garrod at 2015 NZ Age Group Championships                  |
|       | 50 Fly     | 23.75    | <b>1-Apr-09</b>  | WAQAK     | Daniel R. Bell at 2009 NZ Open Championships                        |
|       | 100 Fly    | 52.28    | <b>1-Apr-09</b>  | WAQAK     | Daniel R. Bell at 2009 NZ Open Championships                        |
|       | 200 Fly    | 2:00.72  | <b>1-Apr-09</b>  | NSSAK- AK | Shaun R. Burnett at 2009 NZ Open Championships                      |
|       | 200 IM     | 2:02.86  | <b>9-Dec-11</b>  | NSSAK     | Mitchell M. Donaldson at 2011 Auckland Age Groups Invitational      |
|       | 400 IM     | 4:25.11  | <b>8-Apr-14</b>  | NSSAK- AK | Mathew Z. Myers at State 2014 NZ Open Championships                 |
|       |            |          |                  |           |                                                                     |
| Open  | 50 Free    | 22.59    | <b>21-Jul-19</b> | NSSAK     | Michael J. Pickett at FINA World Championships 2019 - Gwangju       |
|       | 100 Free   | 49.64    | <b>25-Mar-08</b> | NSSAK- AK | Cameron GIBSON at Absolute Insurance 2008 Olympic Trials            |
|       | 200 Free   | 1:48.30  | <b>12-Dec-09</b> | SEN       | Andrew McMillan at 2009 Zoggs QLD Swimming Championships            |
|       | 400 Free   | 3:48.75  | <b>1-Apr-09</b>  | NSSAK- AK | Moss J. Burmester at 2009 NZ Open Championships                     |
|       | 800 Free   | 8:17.87  | <b>29-Oct-05</b> | NSSAK     | ROBERT D. VOSS at Waterhole 400 plus                                |
|       | 1500 Free  | 15:34.78 | <b>25-Mar-12</b> | NSSAK- AK | Roy M. Pearce at State Insurance 2012 NZ Open Championships         |

**NORTH SHORE SWIMMING****RECORDS Long Course Records**

|      |     |        |         |                  |           |                                                                |
|------|-----|--------|---------|------------------|-----------|----------------------------------------------------------------|
| Open | 50  | Back   | 25.27   | <b>5-Oct-10</b>  | NSSAK     | Daniel R. Bell at Commonwealth Games                           |
|      | 100 | Back   | 54.38   | <b>5-Oct-10</b>  | NSSAK     | Daniel R. Bell at Commonwealth Games                           |
|      | 200 | Back   | 1:58.86 | <b>5-Apr-10</b>  | NSSAK- AK | Daniel R. Bell at 2010 NZ Open Championships                   |
|      | 50  | Breast | 27.06   | <b>25-Mar-12</b> | NSSAK- AK | GLENN A. SNYDERS at State Insurance 2012 NZ Open Championships |
|      | 100 | Breast | 59.46   | <b>9-Aug-08</b>  | NZL       | GLENN A. SNYDERS at Olympic Games                              |
|      | 200 | Breast | 2:10.55 | <b>28-Jul-12</b> | NZL       | GLENN A. SNYDERS at 2012 London Olympics                       |
|      | 50  | Fly    | 23.46   | <b>1-Apr-09</b>  | NSSAK- AK | Corney Swanepoel at 2009 NZ Open Championships                 |
|      | 100 | Fly    | 51.61   | <b>1-Apr-09</b>  | NSSAK- AK | Corney Swanepoel at 2009 NZ Open Championships                 |
|      | 200 | Fly    | 1:54.15 | <b>1-Apr-09</b>  | NSSAK- AK | Moss J. Burmester at 2009 NZ Open Championships                |
|      | 200 | IM     | 1:59.60 | <b>17-Jun-19</b> | NSSAK     | Bradlee Z. Ashby at 2019 Aon NZ Open Championships             |
|      | 400 | IM     | 4:18.20 | <b>15-Mar-06</b> | L1        | Dean KENT at Commonwealth Games                                |