



NSS OPEN WATER DAY

Wednesday 13TH DECEMBER 2017

Mairangi Bay Beach



All swimmers please arrive at 4:15pm

Registrations open at 4:30pm

First Ocean Swim at 5:00pm

- ◆ All Tadpoles – 200m swim
- ◆ All Sharks and 9 year old swimmers – 500m
 - ◆ 10 year old swimmers – 800m
 - ◆ 11 & 12 year old swimmers – 1000m
 - ◆ 13, 14 & 15 year old swimmers – 1500m
 - ◆ 16 years and over swimmers – 2000m
 - ◆ Parents race – 600m

All events are fully supervised by experienced life guards and parents who will be in the water. There will be sausages available for everyone (no need to cook dinner). Bring your coins - \$2 a sausage. Wetsuits are recommended, but not essential. Santa will be making a guest appearance! RSVP if attending to Tonya - tonya@nss.org.nz for catering purposes, H&S and parent help requirement's on the day by 7th December.



Proudly supports the North Shore Swimming Club. Golden Homes would like to wish all NSS Parents and Swimmers a Merry Christmas and safe Happy New Year.